1. BAKERIES: The following bakery products are Yoshon:
   - ADIR COOKIES - 6545 Durocher is Yoshon.
   - BESSO – All Bakery products are Yoshon.
   - BESTSIMCHA – 5792 Royalmount – Baked Goods are Yoshon.
   - CANKO GROUP (NEW HOMEMADE) 8575 8th Avenue, St. Michel are Yoshon on everything besides bread, challah, rolls, bagels, etc. *
   - CHEZ DANIELS - 340 Marcel Laurin, Ville-St-Laurent – Baked Goods are Yoshon.
   - CÎTE CACHÈRE - 4765 Van Horne. Everything baked in-house is Yoshon excluding Bridor products.
   - DESSERTS BY DESIGN - 6720 De Vimy are Yoshon.
   - DISTRICT BAGEL - 709 Lucerne Road, Town of Mont-Royal is Yoshon.
   - IRIS-ISTIBLE 3855 Blvd. Decarie - Challah, pastry and cookies are Yoshon except Baguettes.
   - LA MARGUERITE 6630 Cote St. Luc Road is Yoshon on Baked Goods except Rolls and Baguettes.
   - KOSHER QUALITY - 5855 Victoria – is Yoshon on everything.
   - MILLIMELON - Only Baked Goods are Yoshon except Baguettes.
   - MONTREAL KOSHER 7005 Victoria – Everything is Yoshon.
   - NISS'S HAIMISHE BAKERY (FOODERIE MARKET) 6680 Park Avenue - Everything is Yoshon.
   - PARADISE KOSHER BAKERY – Baked goods only are Yoshon. Pizza is not Yoshon.
   - PATISSERIE ADAR at 5634 Westminster, Cote St Luc are Yoshon except Baguettes.
   - PATISSERIE SPING'S 5800 Cavendish Blvd. Suite E-09 – Everything is Yoshon.*
   - RENFLLE'S BAKERY 2800 Bates - Everything is Yoshon.
   - WESTMINSTER GOURMET 5458 Westminster – Baked Goods are Yoshon except Baguettes.

2. BARLEY & WHEAT KERNELS:
   - Adar Barley is still Yoshon.
   - Cedar (MK 490) Pearled Barley – Anything packed before 02/08 or lower is Yoshon.*
   - Cedar (MK 490) Soft wheat - Anything packed before 01/08 or lower is Yoshon.*
   - Clic Barley and Wheatlets (Kernels)- Anything packed before September 21, 2020 is Yoshon. *
   - John Vince/Quik Kook Barley – Pearl and Pot Barley are still Yoshon. *
   - NuPak Barley – BB 2022 AUG 27 or earlier is Yoshon.
   - PC Blue Menu Barley -Best Before 2022 SEP 7 or earlier. *

3. CATERERS, RESTAURANTS, PIZZA & TAKE OUTS:
   - KOSHER PIZZA BAR in Cavendish Mall is Yoshon on everything except spicy fries.
   - LEFALAFEL 6245 Decarie is Yoshon on everything. *
   - OINEGS - Everything is Yoshon.
   - ONE STOP KOSHER - 6735 Darlington are Yoshon on Challahs, Cakes, and Take-Out.
   - PIZZA GOURMETTI - 5795 Victoria is Yoshon on everything except spicy fries. *
   - PIZZA PITA - 6415 Decarie –Everything is Yoshon except round Hamburger Buns and Sandwiches, Wraps and anything fried.
   - POPULAR PRODUCTS – GARDEN GOURMET products are Yoshon.
   - RENAISSANCE – BISTRO – Yoshon on Baked Goods only. *
   - SAIZEN – 5177 Decarie are Yoshon.
   - TATY’S PIZZA 6540 Darlington – Everything is Yoshon except spicy fries.
   - WEISS CATERING is Yoshon - By Request only.
   - YANKY’S PIZZA (FOODERIE MARKET) are Yoshon on everything except spicy fries.

4. FLOUR: Five Roses Flour, Robin Hood & Selection Flour
   - Certifiers, Restauran
     - 0 278 547 All Purpose Flour – retail & Lestoco
     - 0 244 548 Cake and Pastry Flour only
     - 0 259 715 Still Yoshon
     - 0 266 548

*These numbers or lower are Yoshon. Isolate the plant code from the full code printed on the bag, then find the year and date codes. The numbers listed above are sold at Mount Royal. If there are other numbers, they are not sold at Mount Royal.

- **Yos**h on
- **O**rganic regular
- **N**o name flour
- **P**C flour
- **O**rganic regular
- **A**lternative codes

**Flour** - (COR 285) Regular White Flour - BB date of 2021 OC 5 or earlier Whole Wheat - BB date of 2021 AP 5 or earlier * Organic Regular - still Yoshon.

- **No Name Flour** - If BB date includes ‘PFM’ use same codes as COR 285 flour. If ’PH’ (07) or ’PH’ (01) use codes noted below for ‘PH’. If ‘AD’ BB 2021 SE 22 or earlier. Whole Wheat Flour BB codes are 6 months earlier.

- **PC Flour** - All Purpose flour - if the BB date includes ‘PFP’ will remain Yoshon. Organic is still Yoshon.

- **Any flour with a ’PH’ in the code including Great Plains, Compliments and other brand names** - If the number after the ’PH’ is a ’7’ a BB date of 2021 SE 15 or earlier. If the number is ’2’ a BB date of 2021 SE 29 or earlier.

- **Bakers Hood Sunspin - (COR 323)** - If the plant code is ’MT’ date code of 0 278 or lower. If it is ’SK’ a date code of 0 244 or lower.

- **Robin Hood - Old Mill Oats** - code of 0 250 or lower is Yoshon.**
5. QUAKER OATS (COR112):
   - All products containing oats and/or oat bran - date code of 0907P0 or earlier. *
   - Costco Pack - Code of 0907 or lower following the BB date code of 5NO is the year code. Ignore other codes i.e. 2021 SE 02 D915 5N9 0263. *
   - Wheat Bran - still Yoshon. *
   - Aunt Jemima Pancake Mix (all types) - date code of 1007P0 or earlier. *

6. PASTA:
   - CATELLI WITH AN MK = Regular Pasta Best Before Code 2023 JA 05 or earlier. Whole Wheat Pasta, Egg Pasta and Vegetable Pasta BB 2022 JA 05 or earlier. *
   - CEDAR (MK 490) Couscous Lot 02409 or lower is Yoshon. *
   - FRIEDMANN FERENCES (Mama) MK - 4010 Jean Talon West, Suite 411. All products are Yoshon.
   - GHISPASTA = Regular Pasta Best Before Code 2023 OC 21 or earlier. Whole Wheat Pasta, Egg Pasta and Vegetable Pasta BB 2022 OC 21 or earlier. *
   - ITALPASTA and (COR 136) - will remain Yoshon at least until the end of Oct. 2020. *
   - PRIMO (COR 78) - will remain Yoshon until Jan 2021. *
   - PC/NO NAME Pasta (COR 1) - same codes as Italpasta.
   - RONZONI (CATELLI & LANGA) (COR 235) - Regular pasta - BB code of OCT 12 23 or earlier. Smart, Whole Wheat, Multigrain, Egg and Vegetable pasta - BB code of OCT 12 22 or earlier. Bistro Sun-dried tomato and basil with Spinach/Garlic Fettucine BB code of AP 12 22 or earlier. *
   - UNICO - same coding as for Primo.
   - ZINDA - Couscous from semolina is still Yoshon until end October 2020. Pearlled Couscous code of 01T266 or 02T266 or lower is Yoshon. *

7. PASTRY:
   - BÉTÉAVONE is Yoshon. Feuilles de Bricks - Pastry Sheets.
   - WRAPS (COR 722) If there is an S in the code - Regular White Flour 0289 or lower is still Yoshon. Whole Wheat is still Yoshon. If there is a W, code Regular White Flour 0267 or lower is Yoshon. Whole Wheat is still Yoshon. *
   - URI PASTRIES, MAISON PUFF PASTRY (COR 571) products will remain Yoshon.

8. TORTILLA & PITA:
   - ALIMENTS TORTICANA are Yoshon on tortillas. *
   - PITA ROYALE 5475 Royalmount is Yoshon.

9. CEREALS:
   - GENERAL MILLS
     - Cheerios (all types except Multigrain) - Best Before 25 OCT 2021 or earlier. *
     - Multigrain Cheerios - BB 16 AUG 2021 or earlier. *
     - Nature Valley Granola Bars - Best before 20 SE 2021 or earlier. Cereal plant only. *
     - Fibre 1 cereal is always Yoshon.

   - WEETABIX
     - Weetabix - (regular and organic) are still Yoshon. *
     - Alpen & Grain Shop High Fibre Crisp - are still Yoshon. *

   - KELLOGG CANADA (COR 246)
     - All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Frosted Flakes, HoneyNut Corn Flakes, Rice Krispies and Special K are still Yoshon. *
     - Corn Pops - are Yoshon (oat flour is not a Yoshon concern). *
     - Froot Loops - (Canadian only) B are still Yoshon. *

   - POST (COR 114)
     - Shredded Wheat, Spoon Size Shredded Wheat, Regular, Honey Toasted, Cinnamon, Wheat 'n Bran, Light Wheat Squares are always Yoshon. *
     - Shreddies - Regular, Honey, Maple Flavours, Dark Wheat Squares, 100% Bran are still Yoshon. *

   - PRESIDENTS CHOICE (COR 2)
     - Fruity O's - Best Before date of 07 OC 2021 or earlier. *
     - Toasted Oats O's, Honey Nut Oats O's - Best Before date of 13 AU 2021 or earlier. *
     - Crunchy Maple Almond, Mixed Berry or Cranberry Almond is still Yoshon. *
     - Loads of Raisins Raisin Bran, Woven Wheat Squares, Corn Flakes and Frosted Flakes are still Yoshon. *
     - PC BLUE MENU - Fibre First, Bran Flakes and Fibre Plus Bran Flakes - are still Yoshon. *
     - PC BLUE MENU - Crunchy Whole Grain with Almond - Best Before date of 29 AU 2021 or earlier. *
     - PC BLUE MENU - Protein Whole Grain with Strawberries - are still Yoshon. *
     - PC ORGANICS - Wheat Squares & Raisin Bran - are still Yoshon. *

Please note: The above information is valid as of October 26, 2020. This information is subject to immediate change. Stock up with Yoshon products as soon as possible. The above information applies to products manufactured in Canada only. *Please note changes.