

# DRIED FRUIT & NUTS GUIDE

## DRIED FRUIT

	MUST BEAR A RELIABLE KOSHER CERTIFICATION	NO HECHSHER REQUIRED	MUST BE SPOT CHECKED FOR INFESTATION	MUST BE CHECKED FOR INFESTATION
APPLES	●			
APRICOTS (DOMESTIC, UNFLAVORED)		●	●	
APRICOTS (TURKISH)		●	●	
BANANA CHIPS	●			
BLUEBERRIES (WILD)	●			●
CAROB/BUXER		●		●
CHERRIES	●			
COCONUT (UNSWEETENED, UNTOASTED ONLY)		●		
COCONUT (SWEETENED)	●			
CRAISINS/CRANBERRIES	●			
CURRANTS	●			
DATES (GLAZED)	●			
DATES (TUNISIAN)	IN RETAIL PACKAGE-SHOULD NOT BE USED			
DATES (WHOLE, NO OIL)		●		●
FIGS (WHOLE)	VERY HARD TO CHECK AND SHOULD PREFERABLY NOT BE USED			
FIGS (SLICED & DICED)	VERY HARD TO CHECK AND SHOULD PREFERABLY NOT BE USED			
GINGER		●		
GOJI BERRIES (UNCOATED)		●		
KIWI	●			
MANGO	●			
NECTARINES	●			
PAPAYA	●			
PEACHES	●			
PINEAPPLE	●			
PEARS	●			
PRUNES	●			
SUGAR COATED FRUIT	●			

## NUTS

	MUST BEAR A RELIABLE KOSHER CERTIFICATION	NO HECHSHER REQUIRED	MUST BE SPOT CHECKED FOR INFESTATION	MUST BE CHECKED FOR INFESTATION
ALMONDS (DRY ROASTED)	●			
ALMONDS (RAW)		●		
CASHEW NUTS (RAW)		●	●	
CASHEW NUTS (ROASTED)	●		●	
PEANUTS (ROASTED, SHELLS)	●			
PISTACHIO NUTS (ROASTED)	●			
PISTACHIO NUTS (RAW)		●		
SUNFLOWER SEEDS (RAW)		●		
SUNFLOWER SEEDS (ROASTED)	●			
WALNUTS (RAW)		●	●	

\*Spot checked means to check every few items of the package.



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